

What is "Jewish Food"?

What blessing was recited over the bread from heaven (Manna)?

<p>Genesis 16:4 G-d said to Moses, I am going to rain down bread to you from the sky. The people will go out and gather each day's portion on that day. This way, I will test them as to whether or not they will follow My teaching."</p>	<p>Rashi ad loc. <i>Each day's portion:</i> They must not save any from one day to the next.</p>
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- ☞ Why can't they save manna for the next day?
- ☞ What is the test?

<p>Genesis 16:14 When [the sun rose and] the layers of dew rose, behold, over the surface of the desert a thin substance was exposed, peeled back. [It had a] thin crust [and was] as fine as the frost on the ground.</p>	<p>Torah Ohr 65c <i>The layers of dew rose</i> – this is the "arousal from Above" which is higher than the "arousal from below." From here, we receive the strength/ability to exercise our own initiative. The purpose of the <i>manna</i> descending is to elevate our souls. With regards to the <i>manna</i>, it states, "gather each day's portion... I will test them whether they will follow..." The test is that we should only collect for one day at a time, as our sages say, "One who has bread in his basket and worries what will be tomorrow, is considered as if he has weak faith. But to "follow My teaching" is to constantly ascend higher.</p>
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מקורות

שדי חמד ח"ג כלל ק' ע' ק"מ
תורה אור ס"ה ד
אוה"ת שמות ח"ח ע' ב'תתקסו